



WATERLIET HOUSING AUTHORITY

EXECUTIVE DIRECTOR, MATTHEW ETHIER

(518) 273-4717

2400 2ND AVENUE, WATERLIET, NY
WWW.WATERLIETHOUSING.ORG



MARCH 2020

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CHECK OUT OUR FACEBOOK PAGE

INSPECTIONS

Apartments are inspected for cleanliness, repairs that may be needed, and for any possible improvements. If you have any questions or problems, they can be discussed during the inspection. We need access to **ALL** of your windows. Please make sure **ALL** items are removed from the window area. Please remove all items off the top of your stove and on the burners as well. Call in any work orders before the inspection at 273-4717. Poor housekeeping, missing fire detectors, and any damage beyond ordinary wear and tear are grounds for a failed inspection.

MON	TUE	WED	THU	FRI
2	3	4 REAC INSPECTIONS	5	6 LAST DAY RENT IS DUE
9	10 VAN RENSSELAER VILLAGE INSPECTIONS			
	BUILDINGS 1-4	BUILDINGS 5-8	BUILDINGS 9-12	BUILDINGS 13-17
16	17 ST. PATRICK'S DAY	18 FIRST DAY OF SPRING	19	20
23	24	25	26	27
30 WHA BOARD MEETING	31			

EMAIL LIST

If you don't already receive our emails and want to, please email Rmeyer@watervliethousing.org with your name and apartment number to be added to our list. We will be able to send you important information about work being done around the sites, community events, and any policy changes being made at the Watervliet Housing Authority. Please be sure the office has all of your contact information up to date in our system including a working phone number, email address, and current license plate number. We need to be able to contact you efficiently. Call the office at 273-4717 to update your information with a staff member.



QUINN AND HANRATTA HUD REAC INSPECTIONS

The U.S. Department of Housing and Urban Development Real Estate Assessment Center will be randomly selecting apartments at the Quinn & Hanratta sites to inspect on March 4th. We will not know which apartments will be selected for inspection until that day. These are NOT your annual inspections. If you have any questions, please call the WHA Office.

ST. PATRICK'S DAY PRIZE PACKAGE

Stop into our office and guess how many candies are in the jar! The closest guess will receive a St. Patrick's Day gift basket, including a gift card to Patrick's Pub (606 3rd Avenue Watervliet)! This raffle is open to ALL tenants and is 100% free. The winner will be announced March 17th! **One guess per apartment. In the event of a tie, a WHA Commissioner will randomly draw a winner from the closest guesses.*

VANRENSSELAER VILLAGE INSPECTIONS

VanRensselaer Village inspections will be held from March 10th through March 13th. Inspections begin at 10am. We need access to **ALL** of your windows. Please make sure **ALL** items are removed from the window area. Please remove all items off the top of your stove and on the burners. You do not need to be home for these inspections. The schedule is as follows:

March 10th	Buildings 1-4
March 11th	Buildings 5-8
March 12th	Buildings 9-12
March 13th	Buildings 13-17

ATTENTION: CAUSE OF WASHER DAMAGE

According to our appliance repair contractor, GISH and Joslin tenants must start using high efficiency laundry detergent when using the washing machines. Recently, multiple washing machine have broken in these sites. Using high efficiency laundry detergent will reduce the need for repairs and increase the lifespan of the machines. Do not overfill the machines.

JOSLIN LAUNDRY ROOM

Attention Joslin tenants: please do not forget your laundry in the washing machines or dryers for an extended period of time. This causes an inconvenience to other tenants and creates a dirty environment for all. **DO NOT OVERLOAD THE MACHINES.** We have had an increased number of costly damages caused to the washers and dryers being overloaded. The room is monitored by surveillance cameras. If it is found that you overload the machines, you will be charged to fix them. **Don't forget that the hours that you can access the laundry room are from 8am-8pm.**

SANDRA J. BESTON SCHOLARSHIP

For the first time, the WHA will be awarding \$500 scholarships to two WHS graduating Seniors. One of which will be a resident of VanRensselaer Village or receive Section 8 assistance, and the other will be a resident of Edwin Joslin, Michael J. Day, or Abram Hilton. In order to qualify, you must be a WHS Senior, in good standing, and eligible for graduation. You must be planning to attend a 2 or 4 year college, trade school, or formal certification program after graduation. You can find the application in the office, on our website, or in the guidance office at WHS. **All applications must be submitted on or before May 22nd, 2020.** All seniors eligible are encouraged to apply! If you have any questions, call 518-273-4717.

WATERVLIIET PUBLIC LIBRARY EVENTS

Mondays & Tuesdays Free English Classes
@ 5:00 PM Prescreening and registration required. For more information, contact Linda Feldmann 518-244-4652.

Wednesdays "In Stitches" Group
@ 6:30 PM Knitting social group

Mondays Juice & Jammies Family Storytimes
@ 7:00 PM Stories, snacks, and early learning fun. Pajamas welcome!

Thursdays Morning Storytimes
@ 10:30 AM Stories, snacks, and early learning fun.



**Juice & Jammies
Family Storytimes
Mondays @ 7 p.m.**

Join us for a story, craft, snack & early learning fun. Feel free to wear your pajamas!



Robert A. Fahr
WATERVLIIET
Public Library

1501 Broadway
Watervliet NY 12189
518-274-4471

Free English Classes Clases de inglés gratuitas

免□的英□□程

無料英語クラス

Lớp học tiếng Anh miễn phí

Бесплатные курсы
английского языка

518-244-4652

linda.feldmannl@verizon.net

WATERVLIIET
Public Library

WHA TEXT ALERTS

In addition to automated phone calls and email reminders, the WHA will now be offering text alerts about important information going on within the WHA! If you are interested in receiving text messages from us, please email Rachel at Rmeyer@watervliethousing.org with your name, apartment number & your current cell phone number. Also, don't forget to keep us update on any changes in your phone number or email!

CDTA BUS SCHEDULES

The WHA Office now has bus schedules and maps available for the following routes: 22, 80, 85, 87, 182, 224, 286, 289, 370, 905.



CHECK OUT OUR FACEBOOK PAGE

AROUND THE WHA

3

NUTRITIONAL AWARENESS MONTH

As March is nutritional awareness month, it is important to know that the benefits of eating a nutritional diet are more than just weight control. Eating the nutrients your body thrives on will also help control your blood pressure, you will sleep better, reduces stress, it helps improve your overall well-being, decreases the chances of developing diabetes or other health conditions attributed to having an inadequate diet. Exercising regularly along with dieting makes for a healthy life. Make health goals for you and your family and stick to them!

Below are some easy and healthy snack ideas for you and your family!



"ANTS ON A LOG"

celery, nut butter, raisins



TURKEY, CHEESE, AND SPINACH PINWHEELS

tortilla of any kind, fresh lettuce or spinach, your favorite cheese



PB&J WRAPS

flour tortilla, nut butter, sliced bananas, honey or jelly

DID YOU KNOW ... ?

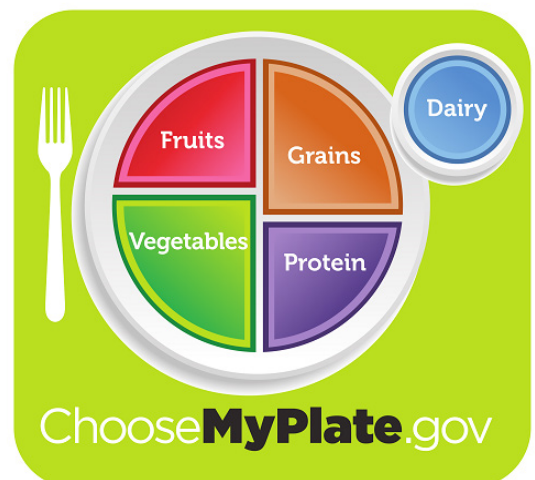
Eating healthy can help individuals achieve and maintain a healthy body weight, consume important nutrients, and reduce the risk of developing health conditions such as: high blood pressure, heart disease, type 2 diabetes, cancer, osteoporosis, iron deficiency, and dental cavities.

Drinking enough water has numerous benefits. Surprisingly, it can increase the amount of calories you burn! The suggested time to drink the most water is before meals.

Healthy eating in childhood and adolescence is important for proper growth and development and to prevent various health conditions.

The importance of getting enough quality sleep cannot be overstated. Poor sleep can drive insulin resistance, disrupt your appetite hormones, and reduce your physical and mental performance.

It is recommended that people aged 2 years or older follow a healthy eating pattern that includes the following: a variety of fruits and vegetables, whole grains, fat-free and low-fat dairy products, a variety of protein based foods, and oils.



MARY'S CORNER

Mary's Corner is a part of The Ministry of Association of Ladies of Charity Diocese of Albany, serving families with children ages 0-4. Some of the items Mary's Corner provides include wipes, bottles, blankets, diapers/pull ups, food & more. Mary's Corner is located at 169 Mohawk Street, Cohoes, NY 12047 (*lower level of the Cohoes Library*). Contact them for more information at 518-273-2373.

WCSD ENROLLMENT

Don't forget to register your child(ren) for Pre-K & Kindergarten for Fall 2020! Enrollment for Pre-K is on March 9th and March 10th. Kindergarten registration and screening will be held on March 12th. For enrollment applications, visit <https://www.watervlietcityschools.org/register-a-student> or stop into the WHA Office. To schedule an appointment, call Danielle Mele at 518-629-3204.

2020 CENSUS

2020 is a census year, and it is extremely important that Watervliet gets as accurate a census count as possible. Census data is used to allocate funds in a number of areas including grants for school districts, public transportation, road rehabilitation and construction & programs for the elderly and youth. The majority of these programs have positively impacted Watervliet and the goal is to continue that government support. By April 1, 2020, every home will receive an invitation to participate in the census. You will have three options for responding: by mail, by phone, and online! Please make a firm commitment to complete your census! Also, remember that all personal information you provide is strictly confidential.

FREE TAX PREPARATION HELP

Do you need help preparing your taxes by Tax Day (April 15th)? The Volunteer Income Tax Assistance (VITA) program offers free tax help to people who generally make \$56,000 or less, persons with disabilities and limited English speaking taxpayers who need assistance in preparing their own tax returns. IRS-certified volunteers provide free basic income tax return preparation with electronic filing to qualified individual: <https://www.irs.gov/individuals/free-tax-return-preparation-for-you-by-volunteers>.

In addition to VITA, the Tax Counseling for the Elderly (TCE) program offers free tax help for all taxpayers, particularly those who are 60 years of age and older, specializing in questions about pensions and retirement-related issues unique to seniors. The IRS-certified volunteers who provide tax counseling are often retired individuals associated with non-profit organizations that receive grants from the IRS. Find a provider near: <https://irs.treasury.gov/freetaxprep/jsp>

EMPIRE "SKATE" PLAZA

WHEN: Monday-Friday 12:00-3:30pm, 4:30-8:00pm
Saturday-Sunday 12-2:00pm, 3:00-5:00pm,
6:00-8:00pm.

WHERE: Empire State Plaza Ice Rink, Albany 12210

COST: Free Admission

Now in its 9th year, the tremendously popular Empire State Plaza Ice Rink is open daily from Noon - 8:00 p.m. and skating is free. Amenities include lockers, skate rentals, and refreshments. Rentals are available whenever the rink is open and cost \$3 for children 12 and under and \$4 for adults. A photo ID is required to rent skates. Every Saturday is "Free Skate Rental Saturday" courtesy of Hannaford Supermarkets.

Shape
your future
START HERE >

United States
Census
2020

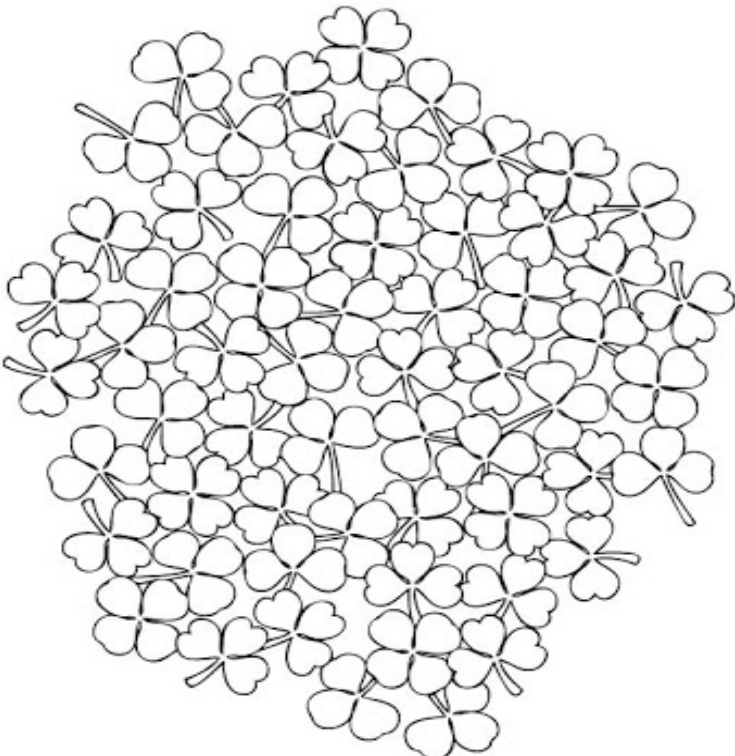
WORD SEARCH

- CLOVERS
- COBBLER
- COINS
- GOLD
- GREEN
- IRISH
- LAMB
- LEPRECHAUN
- LION
- RAINBOW
- SAINT PATRICK
- SHAMROCK
- SHOES
- SNEAKY
- SPRING
- TREASURE

L T R K C O R M A H S S E A S
 R E S O S L C G R E E N E R U
 E V P E H R S P A R I E I N G
 L S R R O E L E I B B A R O C
 B N I E E A K R N Y C K I N C
 B O N G S C E U B O H Y S S L
 O L G D S A H S O M R C H K O
 C W O D B N I A W L I O N G V
 I R L A M B A E U R N E E R E
 S O H I L O N R L N A M B L R
 G S E K C I R T A P T N I A S



FIND ALL 10 FOUR LEAF CLOVERS



WORD SCRAMBLE

- AMSHCRKO _____
- BWRNIOA _____
- LGDO _____
- SHIIR _____
- RLEADIN _____
- CYULK _____
- ENRGE _____
- ETICCL _____
- MCRKIEIL _____
- CHARM _____
- NLRBYAE _____

ANSWERS: SHAMROCK, RAINBOW, GOLD, IRISH, IRELAND, LUCKY, GREEN, CELTIC, LIMERICK, MARCH, BLARNEY

FUN FACT

THE FIRST ST. PATRICK'S DAY CELEBRATION IN THE UNITED STATES WAS HELD IN BOSTON (1737)

2020 Census Guide

2020 is a census year, and it is extremely important that Watervliet gets as accurate a census count as possible.

Census data is used to allocate funds in a number of areas including grants for school districts, public transportation, road rehabilitation and construction & programs for the elderly and youth.

The majority of these programs positively impact Watervliet and the goal is to continue government support. Below is the timeline of this year's census. Please make a firm commitment to complete your census! Please remember that all personal information you provide is strictly confidential.

Visit www.2020Census.com to learn how to participate and the importance of completing the census.

Be on the look-out for events regarding the census and how you can help the community!

Invitations mailed	Reminder Letters	Reminder Postcard	CENSUS DAY	Hard copy census mailed	FINAL postcards mailed
March 12-20	March 16-24	March 26-April 3	April 1	April 8-16	April 20-27



LITTLE FREE LIBRARY

Help us build our library with your old and new books, or take a book for your family to enjoy!

The Little Free Library is located outside of the WHA office. Keep your eye out for another location coming soon.



LAST DAY TO PAY RENT

The last day to pay your rent without being charged a late fee is Friday March, 6th. If you pay your rent after this date, you will be charged a late fee (5% of your rent).

CITY COUNCIL MEETINGS

This month's City Council meetings will be held on Thursday, March 5th and Thursday, March 26th at 7pm in the Watervliet Senior Center.

DAYLIGHT SAVINGS

Daylight Savings time begins on March, 18th. Don't forget to set your clocks forward one hour!

CONTACT US

WHA
OFFICE
273-4717

2400 2ND AVE, WATERVLIET
OFFICE@WATERVLIETHOUSING.ORG

KYLEA
SPAIN
EXT. 201

TENANT RELATIONS EXAMINER
KSPAIN@WATERVLIETHOUSING.ORG

RACHEL
MEYER
EXT. 202

TENANT COORDINATOR
RMEYER@WATERVLIETHOUSING.ORG

MARY
CLINTON
EXT. 203

TENANT RELATIONS CLERK
MCLINTON@WATERVLIETHOUSING.ORG

EMERGENCY
NUMBER
273-6085

THIS NUMBER IS USED FOR
EMERGENCIES OCCURRING AFTER HOURS

DARIA
LEIBACH
EXT. 204

SECTION 8 PROGRAM COORDINATOR
DLEIBACH@WATERVLIETHOUSING.ORG

MICHAEL
VANPATTEN
EXT. 205

PRINCIPAL ACCOUNT CLERK
MVANPATTEN@WATERVLIETHOUSING.ORG

MATTHEW
ETHIER

EXECUTIVE DIRECTOR
METHIER@WATERVLIETHOUSING.ORG